

Curriculum Vitae  
**Anna-Maria Hefele**

born 11.02.1989



[„Some of the clearest overtone singing I ever heard.“](#)

- Eric Whitacre

[„Magnificently confusing.“](#)

- Ashton Kutcher

### Academic Education

- 2010-2014 studies of Elemental Music & Dance Education with classical singing as major subject at Carl Orff Institute, Mozarteum University
- Graduation as [Master of Arts](#) in April 2018
- [Graduation as BA in June 2014](#)

### Musical Education

- Aug. 2014, 2016, 2017 & 2018 participation at the early music Nyckelharpa Masterclass with Marco Ambrosini, in cooperation with Bologna University
- 2013 - 2015 participation at the [European Nyckelharpa Training](#)
- Harp studies with Uschi Laar and Sabine Kraus, private
- Overtone singing since 2005, autodidactic

### Apprenticeship & Employment

- 2009 - 2010 employment as a display model maker at Deutsches Museum München. After that employment at the department for city planning and architectural control at Munich municipality.
- 2005 - 2009 apprenticeship as Anschauungsmodellbauerin (display model making) at Deutsches Museum München; [graduation in 2009](#) as the best graduate of the year 2009 in the Federal Republic of Germany.

## Sucess

- Viral YouTube-Video [polyphonic overtone singing](#), published in october 2014, resulted in more than 19 millionen views. Followed by many appearances in various TV- shows, as well as radio broadcasts and music video productions.

## List of Publications

### Professional articles:

- [One Singer, Two Voices](#): by Johan Sundberg, Björn Lindblom and Anna-Maria Hefele
- [Polyphonic overtone singing](#): An acoustic and physiological (MRI) analysis and a first-person description of a unique mode of singing, FONETIK Konferenz 2019, Stockholm
- [Obertongesang- eine besondere Stimmtechnik als Kunstform](#), Vox Humana 01/2017
- [western techniques of overtone singing and their application in classically notated music](#), published in: ICB, 01/2015

### Albums as soloist, partly as composer:

- Resonances with [Supersonus - The European Resonance Ensemble](#) ECM records, 2019
- [Cantate Domino Canticum Novum](#) with Kammerchor [I Vocalisti](#), [Rondeau](#), 2016
- Odi et Amo 2.0, with Chorknaben Uetersen and rockband, [Rondeau](#), 2018
- [Credo](#) with Orchestra di Piazza Vittorio, Rom 2015
- Solo- EP [Sweven](#), 2015
- DVD [The Voice](#) by [Institute for Musician's medicine](#), participation as singer, Helbling 2017

## Some Projects:

- [Anna-Maria Hefele Solo](#): moving between diverse vocal techniques - from classical to polyphonic overtone singing - and accompanying herself with unusual instruments such as harp and the swedish nyckelharpa trance-like as a matter of course.
- While searching for a sound that connects archaic-ethnic music styles with baroque and other early music, in 2012 [Supersonus - The European Resonance Ensemble](#) began to form itself. The final instrumentation as a quintet came to being in 2014, involving the musicians [Marco Ambrosini](#) (nyckelharpa), [Anna-Liisa Eller](#) (kannel), [Wolf Jansch](#) (jew's harp), [Eva-Maria Rusche](#) (harpsichord) and [Anna-Maria Hefele](#) (overtone singing).
- [Canticles of Now](#) draws inspiration from some of the compositions by Hildegard von Bingen (1098-1179), the german mystic and polymath, whose musical corpus represents a jewel and a continuous source of inspiration for musicians and listeners alike. The music is arranged and re-composed by Anna-Maria Hefele (overtone singing, nyckelharpa), Tomek Kolczynski (electronics) and Giuseppe Lomeo (guitar)
- From 2015: [Cantate Domino Canticum Novum](#) - Sing the to the lord a new song! with Anna-Maria Hefele as a soloist together with [Kammerchor I Vocalisti](#) and Hans-Joachim Lustig. Composers such as Michael Ostrzyga, Ugis Praulins and Hans Schanderl wrote pieces for this instrumentation.

## Musician, singer and composer at:

- 2014 - 2015 contemporary circus production [Gynoides Project](#) in Stockholm
- Music and dance- theater play by [Yvonne Pouget: La Cattedrale nel Vento](#) (performed in 2014, 2016, 2018) and [Die Füße und Ohren der Engel](#) (2013)
- 2011 - 2012 [Garden of Other](#): contemporary dance play with the corps de ballett of Nationaltheater Mannheim, choreography by Dominique Dumais

## Performances as a soloist with orchestras and choirs and own projects

- [Mariinsky Theater St. Petersburg](#) with Kammerchor I Vocalisti, 2018
- church music festival Oslo, with Vittorio Ghielmi & Il Suonar Parlante, 2018
- revival of Taschenoperfestival Salzburg, in Solingen 2018, with Ensemble Musikfabrik
- premiere: „Water Symphony“ by Hans Schanderl, with Molto Cantabile & Andreas Felber, 2018
- soloist at [Angelica Festival](#) Bologna 2017, collaborations with [Heiner Goebbels](#), [Tiziano Popoli](#) and the Orchestra di Teatro Comunale Bologna
- soloist at [Taschenoperfestival Salzburg](#) 2017, Zeig mir dein Fleisch (premiere), collaborations with the composers [Birke Bertelsmeier](#) and Wen Liu, direction: [Thierry Bruehl](#), working with Hans-Peter Jahn and [OENM](#) (Oesterreichisches Ensemble für Neue Musik)
- „Cantate Domino“ with Kammerchor I Vocalisti & Hans-Joachim Lustig, from 2015
- concerts (with I Vocalisti) and [workshops at chor.com](#) Dortmund 2015+2017 and concert at [Bach-Festival](#) Arnstadt (2017)
- soloist with Odi et Amo by Ugis Praulins with Chorknaben Uetersen, Hans-Joachim Lustig and rockband, Hamburg 2019
- „Credo“ with Orchestra di Piazza Vittorio, Rome & Lissabon, 2015
- [Orchester der Kulturen](#) Stuttgart, conducted by Leitung von Adrian Werum, from 2012
  
- Anna-Maria Hefe Solo:
  - solo concerts in 2021 at: [Hardanger Musikfest](#), Acapella Festival Schwerin, Das Haus Brüssel
  - solo concerts in 2020 at: [Musikfest ION](#) Nürnberg | Blind Date concert series, Stuttgart
  - solo concerts in 2019 at: World Voice Day Stockholm | BlackForestVoices Festival Kirchzarten | church concert in Lund, Sweden | Sligo Jazzfestival Ireland | Pankratium in Gmünd in Kärnten, Austria | Nikolausberger Musiktage, Germany | Palermo, Italy | Festival Umbria in Voce in Gubbio, Italy
  - solo concerts in 2018 at: London A Capella Festival 2018 (also collaboration with the Swingle Singers) | [A CAPE'LLA - festival autour de la voix](#) in Ettelbrück, Luxembourg (also workshop) | [Aarhus Vocal Festival](#) 2017 (also workshop);
  - earlier: Bozar Brüssel (2015) | Barbican London (2015) | Klangfestival Naturstimmen Toggenburg (2015), Scala Ludwigsburg (2015) | Alte Oper Frankfurt (2015, with Annette Dasch, [review here](#)) | Theaterhaus Stuttgart (with Orchester der Kulturen) | Festival Todos Lisboa (with Orchestra di Piazza Vittorio) | Solomusician at [Geschichtenoase](#) Zürich 2017 | Lund Choral Festival 2017 | SingStrong Festival USA (2015)
  
- Quintet Supersonus:

International Kannel Festival, Tartu (EST), 2019 | Inntöne Festival (AT), 2019 | Festival L'Altro Suono at Teatro Comunale, Modena 2018 | Entroterre Festival Forlimpopoli, 2018 | Festival Les Prieurales in Le Havre (FR) 2017 | [Romanischer Musiksommer](#) Köln (DE) 2015 | Concerts at Stift St. Florian (AT) and Schloss Eckartsau (AT), 2016 | [Haapsalu early music festival](#) (EST), 2017 | Europäisches Kirchenmusikfestival, Schwäbisch Gmünd (DE), 2017
  
- Duo:

Kulturveket Halmstad (SWE), 2017 | Festival of Overtone singing and Sounds (SVK), 2017 | Konzerthaus Blaibach (DE), 2016 | Gent Festival van Vlaanderen (BEL) 2016 | FranzK. Reutlingen (DE), 2016 | Ossola Guitar Festival (IT), 2015

## Presentations and workshops at congresses

- 12th [World Symposium on Choral Music](#), New Zealand, 2020 (cancelled / Corona)
- Presentation on overtone singing at [TEDxGENOVA](#), 2019
- [Ars Choralis](#) Zagreb, 2016 and 2018
- presentations, workshops and concerts at [chor.com](#) Dortmund, 2015, 2017 & 2019
- [International Voice Symposium](#) Salzburg, 2016 & 2018 as member of scientific committee
- [International Children's Choir Symposium](#), Brixen 2016
- [International Congress for Voice Teachers](#), Stockholm 2017
- [World Voice Consortium](#), Congress 2017, Copenhagen
- International symposium [Mikrotöne - small is beautiful](#) in Salzburg, 2017

## Teaching (partly)

- since 2020: online teaching, video workshop and masterclasses at [overtone.academy](https://overtone.academy)
- advanced trainings for:
  - polish union for singing teachers, Krakau, 2019
  - finnish union for singing teachers, Helsinki, 2019
  - finnish union for choral conductors, Helsinki 2019
  - Danish Musicians Union, 2015
  - Chorkonzerttage Lüneburg 2016
  - Verband der Atem- Sprech- und Stimmlehrer, 2015
- Masterclass for singers at [VoiceWorkshop](https://voiceworkshop.com) London, 2019
- Workshops at Schweizer Kinder- und Jugendchorfestival, Luzern 2019
- guest workshop for choral conducting students at Sibelius Academy, Helsinki, 2019
- Conservatoire Amsterdam, guest workshop and presentation 2018
- Mozarteum Salzburg, guest course 2017
- Music university Hannover, two guest workshops in 2016
- Music university Hamburg, guest workshop in 2016
- Klangwelt Toggenburg (2015, 2017, 2018)
- Masterclass at [Labyrinth Crete](https://labyrinthcrete.com), 2016
- Various open beginner's and advanced workshops in overtone singing, as well as individual training and choir & ensemble coachings

## Music Videos

- Supersonus: Rosary Sonata by H.I.F. Biber: <https://youtu.be/ysSLfwEk5I4> and Ritus: <https://youtu.be/s4BJ3wng6Mk>
- The Lady & The Cat: Over the Rainbow: [https://youtu.be/WIDi2XpK\\_dQ](https://youtu.be/WIDi2XpK_dQ) and Bitte erschieß deine Gattin by Georg Kreisler: <https://youtu.be/TyydQISm1r4>
- Solo: The Book of Right- On by Joanna Newsom: <https://youtu.be/benz4fUdGHY>  
O Antiqui Sancti by Hildegard von Bingen: <https://youtu.be/letfkSJ92Js>  
Andesana by Anna-Maria Hefe (live): <https://youtu.be/1eh3HRuC2V8>
- Solo MRI- musicvideos: By this River (Brian Eno): <https://youtu.be/d6cyHGOht58>  
and: Sehnsucht nach dem Frühlinge (Mozart): <https://youtu.be/YIUvX7hebBA>

## Tutorials and scientific videos

- polyphonic overtone singing (2014): <https://youtu.be/vC9Qh709gas>
- polyphonic overtone singing explained visually: <https://youtu.be/UHTF1-lhuC0>
- MRI Videos, made at institute for musician's medicine, Freiburg:  
Vowel overtone scale: [https://youtu.be/PGgB\\_wEcN8](https://youtu.be/PGgB_wEcN8)  
Overtone scale in tongue- technique: <https://youtu.be/-jKl61Xxkh0>  
Overtone scale in opposite direction: <https://youtu.be/QPFLGIFZok0>
- Explanation videos, Uniklinikum München made together with Dr. Simone Graf (phoniaterician) and Sophie Auer (speech therapist). Laryngoscopic recordings of Anna-Maria Hefe's vocal tract (in german):  
Anatomy of the larynx: [https://youtu.be/lw6N\\_CALwMk](https://youtu.be/lw6N_CALwMk)  
Voice Functions: [https://youtu.be/eT12Qg8-o\\_M](https://youtu.be/eT12Qg8-o_M)  
Overtone singing technique: <https://youtu.be/xUvzOoJKhBA>
- Tutorials by Anna-Maria Hefe, how does overtone singing work?  
basics: <https://youtu.be/HP0iotlCL7k>  
next step: <https://youtu.be/FzBiPZe6WUw>  
filtering the overtones: <https://youtu.be/WIZH-e21os8>  
r-technique: <https://youtu.be/jnsS5zPef2k>  
l-technique: <https://youtu.be/e0pC9xBHI5o>  
creating space: <https://youtu.be/TsgrTWO6Wpk>  
nose and air: <https://youtu.be/dQMuRFAE5i0>

## TV and Interviews

- solo concert in 2020 at: [Musikfest ION](#) Nürnberg, broadcasted by Bayrischer Rundfunk
- A-M Hefe as guest of Stefan Raab in [TV Total bei ProSieben](#)
- [Spiegel TV](#)
- Euromaxx: [Leben und Kultur in Europa](#), Deutschen Welle, 2014
- [El Hormiguero](#), TV-Show in Madrid, 2014
- [Pixners Backstage](#) at Servus TV Austria, 2015
- [Hätten Sie gedacht...?](#) - Aeschbacher vom 14. April 2016, CH
- [Sag die Wahrheit](#), SWR, 2016
- Guest at Menschen der Woche by Frank Elstner, SWR, 2014
- [Gesang mal anders](#) im Arte Journal von Romy Sydow, 23. September 2016

## Radio (partly)

- [Spielräume Musik](#): Komische Instrumente, farbenreiche Musik, ö1, 2019
- [Concert recording by SWR2](#), Supersonus live in Schwäbisch Gmünd, 2017
- [Soundworld Supersonus](#) - radio portrait by Wolfgang Hamm, WDR3
- [Radio portrait](#) about Anna-Maria Hefe in KlassikPlus, Bayern 4 Klassik
- [Obertonsängerin und Stimmkünstlerin](#) A-M Hefe in SWR2 Tandem: Rakete
- [Oberton- Künstlerin: Singen wie ein Alien](#) in WDR3 TonArt (2017)